



RAMADAN

1440 HIJRI
MAY/JUNE 2019

SAHUR, IFTAR & PRAYER TIMINGS

DATE	RAMADAN	DAY	IMSAK/FAJR	SHURUQ Sunrise	ZUHUR Noon	ASR Afternoon	MAGHRIB Sunset	ISHA Late Eve
May 6	1	MON	5:24 AM	6:35 AM	1:19 PM	4:56 PM	8:03 PM	9:15 PM
7	2	TUE	5:23 AM	6:34 AM	1:19 PM	4:56 PM	8:03 PM	9:16 PM
8	3	WED	5:22 AM	6:33 AM	1:19 PM	4:55 PM	8:04 PM	9:16 PM
9	4	THURS	5:21 AM	6:33 AM	1:19 PM	4:55 PM	8:05 PM	9:17 PM
10	5	FRI	5:20 AM	6:32 AM	1:19 PM	4:55 PM	8:05 PM	9:18 PM
11	6	SAT	5:19 AM	6:31 AM	1:19 PM	4:55 PM	8:06 PM	9:19 PM
12	7	SUN	5:18 AM	6:31 AM	1:19 PM	4:55 PM	8:07 PM	9:20 PM
13	8	MON	5:17 AM	6:30 AM	1:19 PM	4:55 PM	8:07 PM	9:21 PM
14	9	TUE	5:16 AM	6:29 AM	1:19 PM	4:55 PM	8:08 PM	9:21 PM
15	10	WED	5:16 AM	6:29 AM	1:19 PM	4:55 PM	8:08 PM	9:22 PM
16	11	THURS	5:15 AM	6:28 AM	1:19 PM	4:55 PM	8:09 PM	9:23 PM
17	12	FRI	5:14 AM	6:28 AM	1:19 PM	4:55 PM	8:10 PM	9:24 PM
18	13	SAT	5:13 AM	6:27 AM	1:19 PM	4:55 PM	8:10 PM	9:25 PM
19	14	SUN	5:13 AM	6:26 AM	1:19 PM	4:55 PM	8:11 PM	9:26 PM
20	15	MON	5:12 AM	6:26 AM	1:19 PM	4:55 PM	8:12 PM	9:26 PM
21	16	TUE	5:11 AM	6:25 AM	1:19 PM	4:55 PM	8:12 PM	9:27 PM
22	17	WED	5:11 AM	6:25 AM	1:19 PM	4:55 PM	8:13 PM	9:28 PM
23	18	THURS	5:10 AM	6:24 AM	1:19 PM	4:55 PM	8:13 PM	9:29 PM
24	19	FRI	5:09 AM	6:24 AM	1:19 PM	4:55 PM	8:14 PM	9:29 PM
25	20	SAT	5:09 AM	6:24 AM	1:19 PM	4:55 PM	8:15 PM	9:30 PM
26	21	SUN	5:08 AM	6:23 AM	1:20 PM	4:55 PM	8:15 PM	9:31 PM
27	22	MON	5:08 AM	6:23 AM	1:20 PM	4:55 PM	8:16 PM	9:32 PM
28	23	TUE	5:07 AM	6:23 AM	1:20 PM	4:55 PM	8:16 PM	9:32 PM
29	24	WED	5:07 AM	6:22 AM	1:20 PM	4:56 PM	8:17 PM	9:33 PM
30	25	THURS	5:06 AM	6:22 AM	1:20 PM	4:56 PM	8:17 PM	9:34 PM
31	26	FRI	5:06 AM	6:22 AM	1:20 PM	4:56 PM	8:18 PM	9:34 PM
June 1	27	SAT	5:06 AM	6:22 AM	1:20 PM	4:56 PM	8:18 PM	9:35 PM
2	28	SUN	5:05 AM	6:21 AM	1:21 PM	4:56 PM	8:19 PM	9:36 PM
3	29	MON	5:05 AM	6:21 AM	1:21 PM	4:56 PM	8:20 PM	9:36 PM
4	30	TUE	5:05 AM	6:21 AM	1:21 PM	4:56 PM	8:20 PM	9:37 PM

The Islamic Society of Greater Houston

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In the name Of Allah, Most Beneficent, Most Merciful Ramadan

Please visit the ISGH website www.isgh.org for daily input on Ramadan

“O believers! Fasting was prescribed for you as it was prescribed for those before you, so that you may attain taqwa (self-restraint).” (Quran 2:183)

FASTING is abstaining from food, drink, and conjugal relations between husband and wife from Fajr (Dawn) to Maghrib (Sunset) with the intention of fasting in obedience of Allah (SWT). Fasting is compulsory on all sane, mature Muslims – males and females.

INTENTION (niyyah) to fast is required and must be made before dawn. Intention is an act of the heart. No specific wording of niyyah has been reported from the Prophet Muhammad (PBUH).

SAHOOR is the meal one takes before starting the day’s fast. It is NOT compulsory, but is blessed. The time for taking this meal extends until dawn – not beyond. Please consult the chart provided to determine the time.

IFTAR is breaking the fast at dusk (Maghrib). Hastening to break the fast and making supplication are Sunnah of Prophet Muhammad (PBUH). Supplication made at the time of Iftar are answered by Allah (SWT). The Prophet Muhammad (PBUH) used to break his fast with either dates or water. Please visit the special Ramadan page on the ISGH website www.isgh.org for more information on supplications, regulations etc. related to fasting.

TARAWEEH prayers are Sunnah. Prophet Muhammad (PBUH) used to double his efforts to recite the Quran during Ramadan and Angel Jibreel used to listen and revise with him during this month. (Al-Bukhari)

ZAKAAT-UL-FITR is a special charity compulsory on every Muslim - male and female. It should be paid (latest) before the Eid prayers. **The equivalent amount of this charity is \$10.00 per person.**

ZAKAAT is one of the five compulsory pillars of Islam. The basic rate is 2.5% of one’s excess assets. Zakaat forms and detailed manual of how to compute one’s Zakaat are available at the ISGH Main Office (713.524.6615) and the ISGH web site (www.isgh.org).

EXEMPLARY CONDUCT is expected of all Muslims at all times, especially so during Ramadan when extra effort is made to achieve taqwa.

INTENTIONALLY BREAKING FAST (without any valid reason) for even one day cannot be compensated for, even if one fasts for the rest of one’s life.

KAFFARAH (EXPIATION for breaking the fast) takes any of three forms: freeing a female slave, fasting for two consecutive months, or feeding sixty deserving persons (each person receiving the equivalent of an average meal). The number of expiations is equal to the number of days wherein the fast was broken.

EXEMPTIONS from fasting are granted to travelers, sick people, and certain other categories. “It is related from some of the early scholars that a type of illness allows one to break the fast, even an injury to the finger or a toothache”. (Al-Mughni). Such persons must also make up for the days of fasting missed.

INJECTIONS do not break the fast whether they are for feeding the person or just medicine. It does not matter if the injection was intravenous or hypodermic.

Zakaat-ul-Maal and Zakat-ul-Fitr Can Be Paid Online www.isgh.org/donate