



THE ISLAMIC SOCIETY OF GREATER HOUSTON

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www.isgh.org

May 1, 2019

RE: EXCUSE STUDENT FROM GYM CLASS WHILE FASTING IN RAMADAN

Dear School Principal/Dean:

The Islamic Society of Greater Houston (ISGH) wishes to notify all concerned that Muslims would be observing the Islamic obligation of fasting during the period May 6, 2019 through June 3, 2019, the month of Ramadan.

The obligation of fasting requires Muslims to primarily abstain from food and drink from dawn to dusk. Activities during this period are accordingly chosen to make the fasting as comfortable as possible. Please excuse this student from participating in physical activities in Gym Class. Feel free to assign them an alternate non-physical activity (helping in library, etc).

On behalf of Muslims, the ISGH respectfully requests your cooperation in this matter.

Thank you.

Sohail Syed
- ISGH President