



# Ramadan 2023

## Sahur, Iftar & Prayer Timings

1444 Hijri  
March/April 2023

RAMADAN	Date	Day	IMSAK FAJR	SHURUQ SUNRISE	ZUHUR NOON	**ASR AFTERNOON	MAGHRIB SUNSET	ISHA LATE EVENING
* 1	March 23	Thu	6:16 AM	7:22 AM	1:29 PM	4:57 PM	7:35 PM	8:41 PM
2	24	Fri	6:15 AM	7:21 AM	1:29 PM	4:57 PM	7:36 PM	8:42 PM
3	25	Sat	6:14 AM	7:19 AM	1:28 PM	4:57 PM	7:37 PM	8:43 PM
4	26	Sun	6:13 AM	7:18 AM	1:28 PM	4:58 PM	7:37 PM	8:43 PM
5	27	Mon	6:11 AM	7:17 AM	1:28 PM	4:58 PM	7:38 PM	8:44 PM
6	28	Tue	6:10 AM	7:16 AM	1:27 PM	4:58 PM	7:38 PM	8:45 PM
7	29	Wed	6:09 AM	7:15 AM	1:27 PM	4:58 PM	7:39 PM	8:45 PM
8	30	Thu	6:07 AM	7:13 AM	1:27 PM	4:58 PM	7:40 PM	8:46 PM
9	31	Fri	6:06 AM	7:12 AM	1:26 PM	4:58 PM	7:40 PM	8:47 PM
10	April 1	Sat	6:05 AM	7:11 AM	1:26 PM	4:58 PM	7:41 PM	8:47 PM
11	2	Sun	6:04 AM	7:10 AM	1:26 PM	4:58 PM	7:41 PM	8:48 PM
12	3	Mon	6:02 AM	7:09 AM	1:26 PM	4:58 PM	7:42 PM	8:49 PM
13	4	Tue	6:01 AM	7:07 AM	1:25 PM	4:58 PM	7:43 PM	8:50 PM
14	5	Wed	6:00 AM	7:06 AM	1:25 PM	4:58 PM	7:43 PM	8:50 PM
15	6	Thu	5:58 AM	7:05 AM	1:25 PM	4:58 PM	7:44 PM	8:51 PM
16	7	Fri	5:57 AM	7:04 AM	1:24 PM	4:58 PM	7:44 PM	8:52 PM
17	8	Sat	5:56 AM	7:03 AM	1:24 PM	4:57 PM	7:45 PM	8:52 PM
18	9	Sun	5:55 AM	7:02 AM	1:24 PM	4:57 PM	7:46 PM	8:53 PM
19	10	Mon	5:53 AM	7:00 AM	1:24 PM	4:57 PM	7:46 PM	8:54 PM
20	11	Tue	5:52 AM	6:59 AM	1:23 PM	4:57 PM	7:47 PM	8:55 PM
21	12	Wed	5:51 AM	6:58 AM	1:23 PM	4:57 PM	7:47 PM	8:55 PM
22	13	Thu	5:50 AM	6:57 AM	1:23 PM	4:57 PM	7:48 PM	8:56 PM
23	14	Fri	5:48 AM	6:56 AM	1:23 PM	4:57 PM	7:49 PM	8:57 PM
24	15	Sat	5:47 AM	6:55 AM	1:22 PM	4:57 PM	7:49 PM	8:58 PM
25	16	Sun	5:46 AM	6:54 AM	1:22 PM	4:57 PM	7:50 PM	8:58 PM
26	17	Mon	5:45 AM	6:53 AM	1:22 PM	4:57 PM	7:50 PM	8:59 PM
27	18	Tue	5:43 AM	6:52 AM	1:22 PM	4:57 PM	7:51 PM	9:00 PM
28	19	Wed	5:42 AM	6:51 AM	1:21 PM	4:57 PM	7:52 PM	9:01 PM
29	20	Thu	5:41 AM	6:50 AM	1:21 PM	4:57 PM	7:52 PM	9:01 PM
30	21	Fri	5:40 AM	6:49 AM	1:21 PM	4:57 PM	7:53 PM	9:02 PM

\* Pending moon sighting confirmation

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3110 Eastside St - Houston, TX 77098 | (713) 524-6615 | isgh.org | Email: info@isgh.org

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



In the Name of Allah, Most Beneficent, Most Merciful

Please visit the ISGH website [www.isgh.org/ramadan2023](http://www.isgh.org/ramadan2023) for Ramadan updates and resources.

*“O believers! Fasting was prescribed for you as it was prescribed for those before you, so that you may attain taqwa (self-restraint).” (Quran 2:183)*

**FASTING** is abstaining from food, drink, and conjugal relations between husband and wife from Fajr (Dawn) to Maghrib (Sunset) with the intention of fasting in obedience of Allah (SWT). Fasting is compulsory on all sane, mature Muslims – males and females.

**INTENTION** (niyyah) to fast is required and must be made before dawn. Intention is an act of the heart. No specific wording of niyyah has been reported from the Prophet Muhammad (PBUH).

**SAHOOR** is the meal one takes before starting the day's fast. It is NOT compulsory during Ramadan, but is blessed. The time for taking this meal extends until dawn – not beyond. Please consult the chart provided to determine the time.

**IFTAR** is breaking the fast at dusk (Maghrib). Hastening to break the fast and making supplication are Sunnah of Prophet Muhammad (PBUH). Supplication made at the time of Iftar are answered by Allah (SWT). The Prophet Muhammad (PBUH) used to break his fast with either dates or water. Please visit the special Ramadan page on the ISGH website [www.isgh.org](http://www.isgh.org) for more information on supplications, regulations etc. related to fasting.

**TARAWEEH** prayers are Sunnah. Prophet Muhammad (PBUH) used to increase his efforts to recite the Quran during Ramadan and Angel Jibreel used to listen and revise with him during the month. (Al-Bukhari)

**ZAKAAT-UL-FITR** is a special charity compulsory on every Muslim – male and female. It should be paid (latest) before the Eid prayer. **The equivalent amount of this charity is \$10.00 per person. [isgh.org/fitra](http://isgh.org/fitra)**

**ZAKAAT** is one of the five compulsory pillars of Islam. The basic rate is 2.5% of one's excess assets. [isgh.org/zakat](http://isgh.org/zakat)

**FIDYA** When someone cannot fast in Ramadan (due to ill health, travelling or menstruation for example) they should make up the missed fasts when they are able to do so. However, if they will not be able to make up missed fasts (due to old age or chronic illness that is unlikely to improve) they should pay fidya for someone else to be fed. Fidya is calculated based on what you consider the value of your own average meal. **Fidya is \$10 to \$15 per meal. [isgh.org/fidya](http://isgh.org/fidya)**

**EXEMPLARY CONDUCT** is expected of all Muslims at all times, especially so during Ramadan when extra effort is made to achieve taqwa.

**INTENTIONALLY BREAKING FAST** (without any valid reason) for even one day cannot be compensated for, even if one fasts for the rest of one's life.

**KAFFARAH** (EXPIATION for breaking the fast) takes any of three forms: freeing a female slave, fasting for two consecutive months, or feeding sixty deserving persons (each person receiving the equivalent of an average meal). The number of expiations is equal to the number of days wherein the fast was broken.

**EXEMPTIONS** from fasting are granted to travelers, sick people, and certain other categories. “It is related from some of the early scholars that a type of illness allows one to break the fast, even an injury to the finger or a toothache”. (Al-Mughni). Such persons must also make up for the days of fasting missed.

**INJECTIONS** do not break the fast whether they are for feeding the person or just medicine. It does not matter if the injection was intravenous or hypodermic.

**ZAKAAT-UL-MAAL, ZAKAT-UL-FITR, AND FIDYA CAN BE PAID ONLINE AT [ISGH.ORG/DONATE](http://ISGH.ORG/DONATE)**